

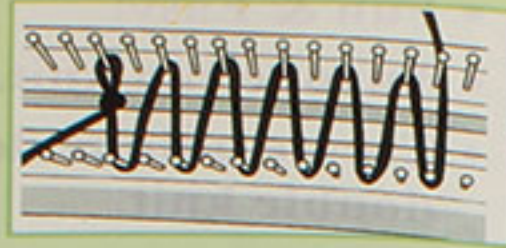
Tadpole Instructions

Knitting on the Knitting Board is an ancient art that is now available to anyone who wants to knit. Once you become comfortable with the process, you'll be able to quickly create beautiful, double sided knitwear. The process consists of weaving yarn across the two rows of pins and then, hooking the stitches over the pins.

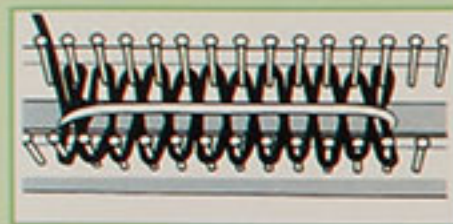
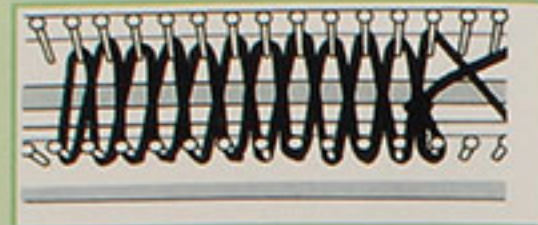
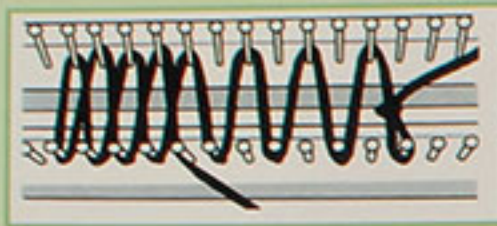
Cast On: (Putting stitches on the board)

Once the Cast On row is complete, you can continue in any stitch pattern.

- 1 Start with a loop knot on the 1st pin. Place this on the first pin to be used on the back board or the board farthest away from the knitter. Bring yarn down to the 2nd pin on the front board (closest to the knitter). You are skipping the pin directly across from the loop knot. Weave back and forth across the board by weaving around every other pin until you have wrapped the desired number of pins.



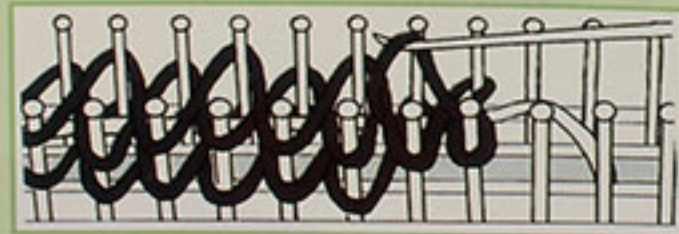
- 2 When you reach the end of the board, or the last pin to be used, turn your board around and weave back to the beginning of the row. Continue weaving every other pin so that all pins are covered. You will end on the pin directly across from the loop knot.



- 3 You now want to lock in your stitches. Take a contrasting color yarn (called the Anchor Yarn) which is 2-3 times the length of your stitches. Lay it across your stitches between the rows with ends dangling freely at each end. This is your anchor yarn. It will secure your stitches until your piece is completed, and it will also help 'move down' your 1st few rows.

- 4 Now repeat the process of weaving around every other pin, and back to cover all pins again. This is called a "circular". You will now have 2 wraps on each pin.

- 5 From each side of board, take your hook and pick up each bottom wrap, lifting it over the top wrap and the top of the pin. Go around the entire board on each side. You have one loop on each pin and your stitches are now Cast On. Take hold of both ends of anchor yarn, and gently pull down to secure your stitches.

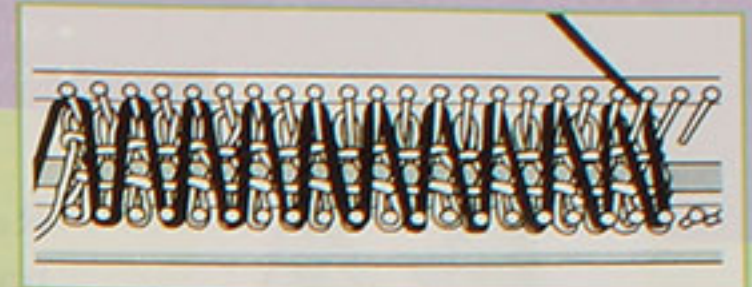


You may also want to tie ends of anchor yarn together. After about 3-4 rows, you will have enough knitting completed to gently pull down. This will help to get the last row moving down. You do not need to do the anchor yarn again. This is only done with Casting On. At this point, your stitches will be loose.

It's OK; just keep control with your anchor yarn. They will be finished off with a neat edge once the piece is complete.

Stockinette Stitch :

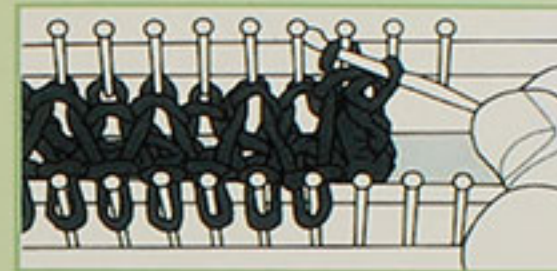
This is the basic stitch and is worked the same as Casting On. It creates a smooth even knit pattern. Weave front to back, starting on 1st pin on back board, and bring down to 2nd pin front board. Wrap every other pin to end of row. Turn your board around, bring yarn around both end pins, and continue to weave the open pins. You will still be weaving in an 'every other pin' pattern. Have you noticed that both sides of your knitted piece are stockinette? There is no backside in double knitting.



Bind Off: (Removing your stitches from the board):

When your piece is complete, you are ready to Bind Off.

- 1 Working from end without yarn tail, use your crochet hook to lift off the first 2 loops. This will be stitch 1, front and back.



- 2 With 2 loops on crochet hook, pull loop closest to crochet hook thru the other loop, leaving only one loop on crochet hook. Pick up next loop, always alternating the boards. Pull 1 thru 1. Continue to end. Secure final stitch by pulling end of yarn through last loop on hook. With crochet hook, pull yarn tail into finished knit.

Now your piece of double knit is off the board. You want to put a nice finished edge on your Cast On stitches and remove the anchor yarn. This is done just as you did to Bind Off. Start at end without the yarn tail. Use your crochet hook, and slip the 1st 2 loops onto crochet hook. Pull loop closest to hook thru the other. Continue to end. When you have the last loop on crochet hook, pull the yarn tail thru the loop to knot. Tuck the tail of yarn into the finished knit with crochet hook. Carefully remove anchor yarn from knitwear, and your knitted piece is complete. There is no need to block the piece with double knit.

